

FOURTH ANNUAL CONFERENCE

The Premier Conference and exhibition for nurses setting up and running effective nurse led clinics and services

only
£195
+VAT

(includes entry into ALL the conference sessions and exhibition, refreshments and handbook)

Nurse Clinics 2011

Thursday 17 November Manchester Conference Centre

Key Benefits of Attending:

- Develop your knowledge of local, national and international developments in Nurse Clinics
- Learn how to set up and run an effective Nurse Led Clinic
- Workshops and Masterclasses aimed at your area of clinical interest, and focused on the essential elements to support your clinic
- Take away ready-to-implement strategies and practical initiatives based on the latest case-studies and best transfer evidence
- Develop competence in the tools and skills you need to develop and improve your Nurse Clinic
- Build valuable relationship and network with those developing nurse clinics in your specialty
- Empower you with the skills to lead, build and develop your Nurse Clinic
- Improve the effectiveness of your clinic and demonstrating the benefit through effective referrals and audit
- Improving patient outcomes: the nuts and bolts of a successful clinic
- Understand your legal requirements and risk management issues
- RCN accredited conference

"I'm delighted to again be asked to chair this important national event examining nurse-led clinics. More than ever, and with the squeeze on funding, is the need to demonstrate the measurable effectiveness of this form of healthcare delivery. This is an essential annual event for all nurses involved in setting up and running nurse led clinics whether you are in the early stages of planning a clinic or are an experience nurse clinic practitioner looking to improve effectiveness and improve patient care. This conference allows this through the presentations, workshops and network opportunities. I look forward to seeing old and new colleagues in Manchester."

DR RICHARD HATCHETT AUTHOR 'NURSE LED CLINIC: PRACTICE ISSUES' AND PRINCIPAL LECTURER FACULTY OF HEALTH AND SOCIAL CARE LONDON SOUTH BANK UNIVERSITY AND DEPUTY HEAD OF SCHOOL THE ROYAL MARSDEN SCHOOL OF CANCER NURSING AND REHABILITATION

Over 30 Inspiring thought leaders including:

Dr Richard Hatchett

Author 'Nurse Led Clinic: Practice Issues' and Principal Lecturer Faculty of Health and Social Care London South Bank University and Deputy Head of School The Royal Marsden School of Cancer Nursing and Rehabilitation

Dr Wilma Scholte op Reimer

Director School of Nursing
Amsterdam University of Applied Sciences



This much awaited 4th National Annual Conference on Nurse Clinics is simply unmissable for Nurses running clinics and services!

The logo for 'Nurse Clinics 2011' features the words 'Nurse Clinics' in a teal, sans-serif font, with '2011' in a pink, sans-serif font below it. To the left of the text is a stylized graphic of three overlapping, curved lines in shades of pink and red, suggesting a dynamic or flowing shape.

Nurse Clinics 2011

Accelerate the Success of your Nurse Clinic - Whatever stage of implementation your clinic is at, whatever your personal experience, and whatever your clinical speciality: learn precisely how to move rapidly and confidently from 'where you are' to 'where you want to be'. This conference aims to empower you to improve the effectiveness of your clinic, saving time, stress and money, while simultaneously improving patient experience and outcomes.

Proven, practical strategies - This conference provides a unique opportunity to listen and benefit from the latest evidence and research in Nurse Clinics development. Benefit from the practical advice, experience and solutions of experts and innovators in the development of nurse clinics locally, nationally and internationally.

Due to the acute financial pressures we are all working under, the core theme of this conference is demonstrating the measurable effect that your clinic is having on patient outcomes and improving cost-effectiveness.

Chaired by **Dr Richard Hatchett**, *Author of 'Nurse Led Clinic: Practice Issues' and Principal Lecturer Faculty of Health and Social Care London South Bank University and Deputy Head of School, The Royal Marsden School of Cancer Nursing and Rehabilitation*, the conference opens with an update on current national and international developments and then splits into streams so you can choose the most appropriate path to empower your day-to-day work and professional development.

Tailored streams:

1) New to Nurse Clinics or still in the planning stages?

There is a stream dedicated to taking you through the essentials of setting up a new Nurse Clinic that will save you time, money and stress, and fast track implementation of successful nurse clinic.

2) Running multiple clinics? Want to dramatically improve effectiveness and patient outcomes?

For those more experienced in running nurse clinics, the morning streams are dedicated to the essential tools and management techniques that you need to run an effective clinic and include Masterclasses on Risk Management and Legal Issues, Leading your Nurse Clinic, Nurse Prescribing and Nurse Led Follow-Up.

3) Directly relevant to your unique needs: Extensive choice of specialty and focus issue sessions

Maximize your time at the conference by focusing on your priorities. The afternoon breakout sessions offer a selection of in-depth workshops based on specialty areas. Learn from leaders in your area and network with others with the same clinical focus.

Feedback from Nurse Clinics 2010:

"A very informative and inspiring day, perfect networking opportunity for staff who are passionate about caring for patients"

LINCOLNSHIRE COMMUNITY HEALTH SERVICES

Lots of info packed into the day – good organisation, beneficial in time away from work place

NORFOLK & WAVENEY MENTAL HEALTH NHS FOUNDATION TRUST

"Had a great time and its nice to hear how other nurse clinics and areas work. It provides good input in maintaining standard and improved nurse led service"

HILLINGDON HOSPITAL NHS TRUST

"Excellent, really helpful for nurse clinics beginners to experts"

ROYAL MARSDEN NHS FOUNDATION TRUST

JOINT OPENING SESSION

Chairman: Dr Richard Hatchett *Author 'Nurse Led Clinic: Practice Issues' and Principal Lecturer Faculty of Health and Social Care London South Bank University*

10:00 Chair's introduction: Nurse Led Clinics: national developments

Dr Richard Hatchett

*Author 'Nurse Led Clinic: Practice Issues'
Principal Lecturer
Faculty of Health and Social Care London
South Bank University*

- Nurse Led Clinics: current developments
- existing evidence to support the value of nurse led clinics

10.30 International Developments in Nurse Led Clinics

Dr Wilma Scholte op Reimer

*Director School of Nursing
Amsterdam University of Applied Sciences*

- Nurse Led Clinics: the opportunity for nurses to make a difference
- advanced nursing practice and nurse led clinics: developments from europe and internationally

11.00 Questions and answers followed by coffee and exhibition at 11.10

CONFERENCE CONTINUES AND SPLITS INTO BREAKOUT STREAMS

STREAM A

Leading Nurse Led
Clinics

STREAM B

Beginners Guide:
Setting Up Nurse Led
Clinics

WORKSHOP A

Nurse
Prescribing

WORKSHOP B

Legal and Risk
Management
Issues

WORKSHOP C

Nurse Led
Followup

13.00-14.00 LUNCH AND EXHIBITION CONFERENCE SPLITS

STREAM A

Leading Nurse Led
Clinics

STREAM B

SPECIALTY FOCUS WORKSHOP 1

Cardiology

SPECIALTY FOCUS WORKSHOP 2

Wound Care

SPECIALTY FOCUS WORKSHOP 3

Mental Health

SPECIALTY FOCUS WORKSHOP 4

Cancer

SPECIALTY FOCUS WORKSHOP 5

Surgery

FINAL JOINT CLOSING SESSION

Chairman: Dr Richard Hatchett *Author 'Nurse Led Clinic: Practice Issues' and Principal Lecturer Faculty of Health and Social Care London South Bank University*

16.00 CLOSING ADDRESS The future of advanced nursing practice

Speaker to be announced

- the future for advanced nursing practice and nursing care
- an update on the regulation of advanced nursing practice

16.00 SO, WHAT DO I DO TOMORROW? Ensuring what you have heard today leads to change in your practice

Linda Nazarko OBE FRCN

*Consultant Nurse Older People Ealing
Hospital NHS Trust Visiting Fellow London
South Bank University and Lecturer The
Nightingale Institute Kings College*

- feeling empowered? tips for nurses to overcome traditional boundaries
- instigating change in your practice
- convincing the consultants/board/commissioner/senior decision makers

17.00

Questions and answers followed by Close

STREAM A: Leading Nurse Led Clinics (*continued in the main theatre*)

Chairman: Dr Richard Hatchett *Author 'Nurse Led Clinic: Practice Issues' and Principal Lecturer Faculty of Health and Social Care London South Bank University*

11.50 Leading the development of innovative services to improve patient outcomes The nuts and bolts of a successful and innovative clinic

Malcolm Clarke

Operating Nurse Specialist
University Hospitals of Leicester NHS Trust

- leading the development of innovative services: my experience
- challenging professional barriers to lead change and redesign
- critical success factors in running a successful clinic
- working at an advanced level of nursing practice: carrying out surgical procedures

12.20 Evaluating your nurse led clinics through audit: demonstrating benefit

Carole Farrell

Nurse Clinician
The Christie Hospital NHS Foundation Trust

- obtaining consensus for autonomous nurse led management for 12 months of treatment
- undertaking clinical audits: a step by step guide
- demonstrating benefit and improvement in patient care and satisfaction

12.50 Questions and answers followed by lunch and exhibition at 13.00

14.00 Working in new ways to manage demand: Setting up and running "Virtual" Nurse Clinics

Gillian Al-Kadhimi

Hepatocellular Carcinoma Clinical Nurse Specialist
Kings College Hospital

- why set up a "virtual" nurse clinic?
- redesigning services to respond to the changing needs of patients and increased referrals
- meeting the needs of patients and the service

14.30 Advanced practice including diagnostic testing within nurse clinics

Loraine Lane and Sarah Minns

Urology Advanced Nurse Practitioners
Burton Hospitals NHS Trust

- optimising the skills of the advanced nurse practitioner
- demonstrating competence in advanced skills
- our approach to diagnostic testing including performing prostate biopsies, ordering diagnostic and radiological investigations and consent for diagnostic procedures

15.00 Expanding your clinic and succession planning

Alison Pottle

Cardiology Nurse Consultant
Royal Brompton and Harefield NHS Trust

Over 10 years Alison has set up a number of nurse led clinics and achieved first prize in the Cardiac Nursing Awards 2008 for excellence in primary or secondary prevention.

- ensuring the clinic is set up to evolve with or without you
- expanding a successful clinic to provide an improved service
- using the format to set up new clinics

15.30 Questions and answers followed by Tea and exhibition at 15.40

STREAM B: A beginners Guide to Setting up Nurse Led Clinics

Facilitator: Elaine Coady *Clinical Director, S&C Healthcare and Former Nurse Consultant, Cardiology Guy's and St Thomas' NHS Foundation Trust*

11.50 Extended Interactive Session: Setting up and running Nurse Led Clinics: Where to Start

Elaine Coady

Clinical Director, S&C Healthcare and Former Nurse Consultant, Cardiology
Guy's and St Thomas' NHS Foundation Trust

Elaine has set up numerous nurse led clinics/services over the past 15 years including heart failure, chest pain, cardioversion and cardiac rehabilitation

- essential steps in setting up a nurse led clinic
- the challenges you will face and tips for success
- interactive discussion

12.50 Questions and Answers followed by Lunch and Exhibition at

14.00 Planning your clinic: setting up and running an effective nurse led stroke review clinic

Amanda Jones

Nurse Consultant, Stroke
Sheffield Teaching Hospitals NHS Foundation Trust

- rationale for setting up the clinics
- ensuring referrals and maximising capacity
- the impact of the clinics on patient care

14.30 Making and receiving referrals

Sue Cox and Owen Rogers

Matrons, Cardiology
Darent Valley Hospital

case study: a nurse led cardioversion clinic

- developing criteria for making and receiving referrals
- analysing the cost benefits of the clinic for the organisation
- growing the clinic and expanding into new areas (such as our planned expansion into a nurse led af optimisation clinic): tips for success

15.00 Developing and maintaining competence for running nurse clinics safely and effectively

Nikki Hale

Former Programme Manager – Competences
Skills for Health

- developing and maintaining competence in advanced nursing practice for running nurse clinics
- strategies for assessing ongoing competence development in practice
- career progression: identifying and transferring knowledge and skills across different levels and specialities

15.30 Questions and answers followed by Tea and exhibition at 15.40

ESSENTIAL WORKSHOPS

WORKSHOP A: Nurse Prescribing

Facilitator: **Barbara Stuttle**, *Chair*, The Association of Nurse Prescribing

11.50 Nurse prescribing: National update, progress and moving forward

Barbara Stuttle

Chair, The Association of Nurse Prescribing

- the impact of nurse prescribing on delivering high quality compassionate, safe and effective patient care within Nurse Led Clinics
- promoting and supporting the continued development of nurse prescribing: update from the npc
- mixing medicines and prescribing unlicensed medicines: changes to the law

12.10 Nurse prescribing and using Patient Group Directions in Nurse Led Clinics

Jan Keenan

NMP Lead

Oxfords Radcliffe Hospitals NHS Trust

- independent nurse prescribing, patient group directions and supplementary prescribing explained
- prescribing within a clinic setting: when to use the various prescribing routes
- challenges in developing and utilising nurse prescribing in practice

12.40 Interactive Discussion and Questions and answers followed by lunch and exhibition at 13.00

WORKSHOP B: Legal and Risk Management

14.00 Nurse clinics: Legal and risk management issues

An opportunity for delegates to seek information and advice on legal and risk management issues around running clinics and advanced nursing practice

Kate Hill

Solicitor

InPractice/RadcliffeLeBrasseur Solicitors

- risk management and legal issues to be aware of when running Nurse Led Clinics
- legal implications of extending roles and autonomous practice
- risk management and professional standards: essential tips

Group work:

Working through case examples and determining the legal and risk management issues

15.30 Advice session/Questions and answers followed by Tea and exhibition at 15.40

WORKSHOP C: Nurse Led Follow Up

Facilitator: **Linda Nazarko OBE FRCN** *Consultant Nurse* Older People Ealing Hospital NHS Trust *Visiting Fellow* London South Bank University and *Lecturer* The Nightingale Institute Kings College

11.50 Chair's welcome and introduction

Linda Nazarko OBE FRCN

Consultant Nurse Older People Ealing Hospital NHS Trust *Visiting Fellow* London South Bank University and *Lecturer* The Nightingale Institute Kings College

- setting up a nurse led intermediate care unit: where to start
- working across boundaries: engaging the multidisciplinary and multi-agency teams
- ensuring a holistic approach focusing on quality of life
- nurse led services and the care of the older person

12.15 Nurse led follow up for enhanced recovery

Fiona Hibberts

Colorectal Consultant Nurse

Guy's and St Thomas' NHS Foundation Trust
Fiona led the implementation of the Enhanced Recovery Programme at Guy's and St Thomas'

- the essential role of nurse follow up clinics within the enhanced recovery process
- developing the effectiveness of your nurse follow up clinic
- case studies of success from both colorectal services and the enhanced recovery programme

12.40 Interactive Discussion and Sharing Practice followed by lunch and exhibition at 13.00

SPECIALTY FOCUS FACILITATED WORKSHOPS

S1: Nurse Clinics in Cardiology *Endorsed and Supported by The British Association for Nursing in Cardiovascular Care (BANCC)*

Facilitator: **Jan Keenan** *Past President British Association for Nursing in Cardiovascular Care (BANCC) Nurse Consultant Cardiac Medicine and Joint Non-medical Prescribing Lead Oxford Radcliffe Hospitals NHS Trust*

14.00 Chair's welcome and introduction

Jan Keenan

Past President British Association for Nursing in Cardiovascular Care (BANCC) Nurse Consultant Cardiac Medicine and Joint Non-medical Prescribing Lead Oxford Radcliffe Hospitals NHS Trust

- national guidance and policy update for cardiac care
- developing excellence in cardiovascular nursing, and care of the cardiovascular patients: update from the bancc
- nurse clinics in cardiology: an update

14.20 A nurse led coronary artery disease clinic

Susan Wilkins and Catherine Denne

*Revascularisation Sisters
Coronary Artery Disease Clinic, Dartford and Gravesham NHS Trust*

- setting up a Nurse Led Clinic, factors to consider and obstacles to overcome
- criteria, expansion and scope of progress
- value added credits, patient satisfaction survey results, nurse prescribing, benefit for patients and trust

14.40 Session to be confirmed by BANCC

15.00 Interactive Discussion and Sharing Practice followed by tea and exhibition at 15.30

S2: Nurse Clinics in Wound Care

Facilitator: **Maureen Benbow** *Trustee of the Tissue Viability Society and Senior Lecturer University of Chester*

14.00 Chair's welcome and introduction

Maureen Benbow

Trustee of the Tissue Viability Society and Senior Lecturer University of Chester

National developments in wound care

- national developments in wound care: update and implications for practice
- managing wound care in Nurse Led Clinics and services

14.30 Setting up a nurse led wound care and leg ulcer clinics

Pam Kirby

*Lead Nurse Vascular and Tissue Viability Team
Sherwood Forest Hospitals NHS Foundation Trust*

- critical success factors in developing Nurse Led Clinics in wound care
- the practicalities and tips for success: examples from our clinics

15.00 Interactive Discussion and Sharing Practice followed by tea and exhibition at 15.30

S3: Nurse Clinics in Mental Health

Facilitator: **Dr Neil Deuchar** *Co Chair The Joint Commissioning Panel for Mental Health Medical Director (Mental Health) NHS West Midlands Consultant Psychiatrist and Associate Registrar (Medical Management) Royal College of Psychiatrists*

14.00 Chair's welcome and introduction

Dr Neil Deuchar

Co Chair The Joint Commissioning Panel for Mental Health Medical Director (Mental Health) NHS West Midlands Consultant Psychiatrist and Associate Registrar (Medical Management) Royal College of Psychiatrists

- the new national strategy: national guidance and policy update and implications for nurses running clinics in mental health
- developing advanced practice in mental health to support improved care
- what commissioners are looking for in the new commissioning landscape

14.30 Setting up a Nurse Led Clinic in mental health

Morag Niven and Julie Jacobs

*Nurse Specialists/Nurse Prescribers
Oxleas NHS Trust*

- setting up and running a Nurse Led Clinic in mental health
- prescribing within clinics: our experience

15.00 Interactive Discussion and Sharing Practice followed by tea and exhibition at 15.30

S4: Nurse Led Clinics in Cancer Care

Facilitator: **Dr Shelley Dolan** *Chief Nurse Royal Marsden NHS Foundation Trust*

14.00 Chair's welcome and introduction

Dr Shelley Dolan

Chief Nurse
Royal Marsden NHS Foundation Trust

- implementing improving outcomes, a strategy for cancer: implications for nurse cancer clinics
- national updates in cancer nursing care including the development of nurse sensitive outcomes and indicators

14.20 Developing a nurse led cancer service to establish safe and effective service

Elaine Lennan

Nurse Consultant
Southampton University Hospitals NHS Trust
Vice-Chair UKONS and Member
National Chemotherapy Advisory Group

- establishing safety and effectiveness: how to pilot a service
- collecting and analysing patient feedback and outcomes
- the impact of the service and the potential cost savings

14.45 Exploring the scope of oncology specialist nurse practice in the UK

Carole Farrell

Nurse Clinician
The Christie Hospital NHS Foundation Trust

- developments within nursing roles and Nurse Led Clinics
- differences in the nature of practice within Nurse Led Clinics including autonomy, clinical examination skills and prescribing

15.00 Interactive Discussion and Sharing Practice followed by tea and exhibition at 15.30

S5: Nurse Led Clinics in Surgery

Facilitator: **Tracey Shaul** *Chairman of the National Association of Assistants in Surgical Practice and Colorectal Advanced Nurse Practitioner*
Milton Keynes Hospital NHS Foundation Trust

14.00 Chair's welcome and introduction: Surgical Pathways and Opportunities

Tracey Shaul

Chairman of the National Association of Assistants in Surgical Practice and Colorectal Advanced Nurse Practitioner Milton Keynes Hospital NHS Foundation Trust

- the challenging political agenda
- changing patterns of the surgical pathway
- opportunities for practitioners

14.20 Developing competence for nurse led surgical roles

Speaker to be announced

- an overview of the nurse practitioner for hernia surgery role
- challenging the boundaries
- how the role developed, and future developments

14.45 Reducing length of stay through enhanced recovery

Jennifer Simpson

Surgical Care Practitioner
Sandwell and West Birmingham Hospitals NHS Trust
Sandwell and West Birmingham Hospitals NHS Trust is a pilot site for the national Enhanced Recovery Programme, and has cut the number of days patients spend in hospital following colorectal surgery from 10 to 14 days to just four to six days.

- the role of Nurse Led Clinics within enhanced recovery
- informing patients of how they are to be involved in their care and what they can do to reduce postoperative complications and their length of stay: the 'aim' card
- advising patients of their planned discharge date and what to expect upon departure
- the impact on patient experience and length of stay in birmingham

15.00 Interactive Discussion and Sharing Practice followed by tea and exhibition at 15.30

Poster Display

A series of poster displays outlining some of the latest research and best practice developments in nurse led clinics and services will be available for delegates to view in the exhibition hall throughout the conference.

Exhibition

Attending the conference will give you free access to the exhibition. You will have the opportunity to meet exhibitors displaying, demonstrating and explaining products and services of direct relevance to aide and support you in the day-to-day running of clinics.

If you would like to arrange an appointment with any of the conference exhibitors please let us know.

To find out about the exhibition or exhibiting at the conference, please contact Nikki Finley on **020 8541 1399** or email nicolaf@healthcare-events.co.uk

Do you have research or information that you would like to share with delegates and speakers attending this conference?

We have the following options available:

- DISPLAY YOUR POSTER AND INFORMATION IN THE EXHIBITION HALL
- YOUR RESEARCH PAPERS COULD ALSO BE INCLUDED IN THE DELEGATE PACKS

To discuss this further please contact the Exhibition Team on: **020 8541 1399**

Accreditation

Nurse Clinics 2011 is accredited by the RCN Accreditation Unit. RCN accredited events can enhance your PREP portfolio and contribute towards your continuing professional development. You will receive a framework for reflection sheet to complete for your portfolio along with a certificate of attendance.



Conference information

Venue Manchester Conference Centre
UMIST, Weston Building
Sackville Street
Manchester, M1 3BB

Date Thursday 17 November 2011.

Conference fee £195 + VAT (£234.00)

The fee includes entry into ALL the conference sessions and exhibition, refreshments and handbook. Confirmation of booking All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7–10 days after submitting your booking.

Accommodation On confirmation of your booking you will receive details of accommodation where discounts have been arranged on your behalf.

Credits Accredited by the RCN Accreditation Unit and recognised by the IHM.

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Conference Fee £195 +VAT (£234.00) The fee includes entry to ALL conference streams and exhibition, lunch, refreshments and a copy of the conference handbook. VAT @ 20%

> Your Details (please complete a new form for each delegate. Photocopies are acceptable)

Dr Mr Mrs Ms (Please Circle)

First Name

Surname

Job Title

Department

Organisation

Address

Postcode

Telephone

Fax

Email

Please write your address clearly as confirmation will be sent by email, if you prefer confirmation by post please tick this box, Please also ensure you complete your full postal address details for our records.

Please specify any special dietary or access requirements

This form must be signed by the delegate or an authorised person before we can accept the booking

(By signing this form you are accepting the terms and conditions below)

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Signature

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Streams, networking forums and workshop

Please let us know if you would like to attend a speciality stream or network forum:

Main stream Focus issues for developing advanced nursing practice and running nurse clinics

Stream A

Leading Nurse Led Clinics

Stream B

Beginners Guide: Setting Up Nurse Led Clinics

Workshop A

Morning Nurse Prescribing

Workshop B

Morning Legal and Risk Management Issues

Workshop C

Morning Nurse Led Follow Up

Workshop 1

Afternoon Cardiology

Workshop 2

Afternoon Wound Care

Workshop 3

Afternoon Mental Health

Workshop 4

Afternoon Cancer

Workshop 5

Afternoon Surgery

Networking

In order to facilitate networking at the conference, please let us know which clinics you are currently running or are planning to run?

Please tick here if you are happy for us to share your email address with other conference attendees

Conference Documentation

I cannot attend the conference but would like to receive a CD containing the conference handbook material, which includes speaker slides, at £90 each.

The CD will be sent out after the conference, please fill in the 'Your Details' section above for delivery, and the 'Payment' section.

The information provided will be held on the Healthcare Events' database and may be used to update you with details of other events that we organise. If you DO NOT wish to receive this information, please tick this box

We occasionally release your details to companies sponsoring or exhibiting at our events. If you DO NOT wish to receive information from these companies, please tick this box

Cancellations: a refund, less 20% administration fee will be made if cancellations are received, in writing, at least four weeks before the conference. We regret that any cancellation made after this time cannot be refunded, and that refunds for failure to attend the conference cannot be made but substitute delegates are welcome at any time.

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